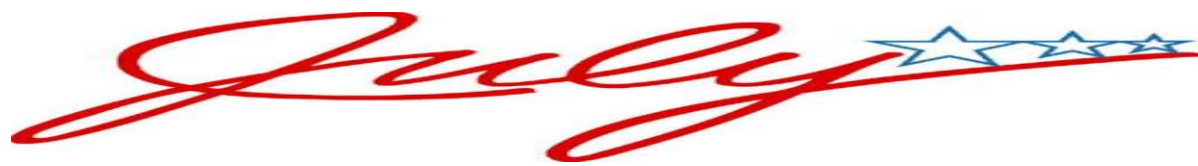








2021



Assisted Living Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Amanda Jensema, CTRS, Recreation Therapist 202-541-7721 Annemarie Wilson, MS, CTRS, Recreation Therapy Supervisor 202-541-7626	LEGEND: BY- Sheridan Backyard CC – Community Center CCL- Community Center Lobby CT- Canteen CY- Courtyard DI- Defender's Inn HoH – Hall of Honors MR- Meditation Room SCP- Scott Patio TH- Theater	Senior TV Church Services: Catholic: 6:30am Channel 20 8am –or- 12pm Channel 98 Protestant: 8am Channel 20 Christian: 9:30am Channel 20		¹ 9:15am Calendar Distro 10:30am Brain Games- Sh2 1pm RT Bingo- CC 1:30pm Ice Cream Sundaes- CCL 6pm <i>Gettysburg</i> Movie- Th	² 9am Activity Cart 9:45am Brain Games- Sh3 11:30am Independence Day Cookout- SCP 1:30pm Room Visits 4pm Friday Social- DI 6pm <i>Monty Python's Life of Brian</i> Movie- Th	³ 9am News Review-Sh2 1pm Room Visits/ Virtual Family Visits 1pm Bingo- CC 2:30pm Beverage Cart 4pm Ribs Social- DI 6pm <i>The Usual Suspects</i> Movie- Th
⁴ 9am Protestant Service- MR 10:15am Catholic Mass- MR  Sandy Intorre	⁵ 	⁶ 9am Bocce Ball- PR 11am Trivia- CCL 1pm Virtual Family Visits 1:30pm <i>Ben Franklin</i> Documentary- Th Amanda- RDO	⁷ 9am Cooking Group-Sh3 10:30am Roving Cart 1pm Bingo- CC 1:30pm IDT Meeting	⁸ 9am Beverage Cart 9:45am Room Visits/Leisure Stroll- Sh2 1:30pm Bingo- Sh2 2:30pm Virtual Family Visits 6pm Nothing But Blue Skies Live Musical Event- CC	⁹ 9am Activity Cart 9:45am Balloon Soccer 10am Jeopardy- Th 1:30pm Fresh Fruit Cart 4pm Chicken Wing Social-DI 6pm <i>Official Secrets</i> Movie- Th	¹⁰ 9am News Review- Sh3 1pm Room Visits/ Virtual Family Visits 1pm Bingo- CC 2pm RT Root Beer Float Social- CCL 6pm <i>A Time to Kill</i> Movie-Th
¹¹ 9am Protestant Service- MR 10:15am Catholic Mass- MR 6pm <i>Die Hard with a Vengeance</i> Movie- Th	¹² 11:00 Qi-Gong-TH 11:30 Popcorn-CCL 1:30 <i>Love in the Afternoon</i> Movie- Th	¹³ 9am Corn Hole- PR 9:15am Travel Club- Sh2 9:30am Beverage Cart 10am Hallway Sing Along 1:30pm Room Visits/Leisure Stroll 1:30pm <i>March of the Penguins</i> Documentary- Th	¹⁴ 9:15am Name That Tune- Sh3 9:45am Get Moving 11am Qi-Gong- Th 1:30pm IDT Meeting	¹⁵ 9:15am Reminisce- Sh3 9:45am Room Visits/Leisure Stroll- Sh2 1:30pm Sing A Long- DI 1:30pm Blackjack 6pm <i>The Gallant Hours</i> Movie- Th	¹⁶ 10am RT Fruitfest- CY 1pm Bingo- CC 1:30pm Popcorn Cart 4pm Pizza Social- DI 6pm <i>Soul After</i> Movie- Th	¹⁷ 9am News Review-Sh2 1pm Room Visits/ Virtual Family Visits 1pm Bingo- CC 2:30pm Beverage Cart 6pm <i>Flags of our Fathers</i> Movie- Th  Matthew Rooney
¹⁸ 9am Protestant Service- MR 10:15am Catholic Mass- MR 6pm <i>Body of Lies</i> Movie- Th	¹⁹ 11:00 Qi-Gong-TH 11:30am Popcorn- CCL 1pm Putting & Chipping- SCP 1:30 <i>No Way Out</i> Movie- Th	²⁰ 9:15am Travel Club- Sh3 9:30am Beverage Cart 10am Room Visits 1pm Virtual Family Visits 1pm Golf Cart Rides 4:30pm Birthday Dinner  George Kennedy	²¹ 9am Cooking Group-Sh2 10:30am Roving Cart 1pm Bingo- CC 1pm Putting & Chipping- SCP 1:30pm IDT Meeting	²² 9am Town Hall- CC 10am Yolf Golf- SCP 1pm RT Bingo- CC 2:30pm Virtual Family Visits 6pm <i>Enemy of the State</i> Movie- Th	²³ 9am Activity Cart 9:30am Leisure Stroll 1pm Billiards & Beer- Sh 4 1:30pm Popsicle Cart 4pm Ribs Social- DI 6pm <i>Live Free or Die Hard</i> Movie- Th	²⁴ 9am News Review- Sh3 1pm Room Visits/ Virtual Family Visits 1pm Bingo- CC 2:30pm Beverage Cart 6pm <i>American Graffiti</i> Movie- Th
²⁵ 9am Protestant Service- MR 10:15am Catholic Mass- MR 6pm <i>News of the World</i> Movie-Th  Lawrence Cleaver	²⁶ 11:00 Qi-Gong-TH 11:30 Popcorn-CCL 1:30 <i>Blackmail</i> Movie- Th	²⁷ 9:15am Travel Club- Sh2 9:15am Beverage Cart 9:45am Room Visits/Leisure Stroll – Sh3 1:30pm Spelling Bee-Sh3 1:30pm <i>Breaking Code</i> Documentary- Th 2pm Room Visits/Leisure Stroll- Sh2	²⁸ 9am Resident & Staff Softball- Ball Field 1pm Bingo- CC 1:30pm IDT Meeting	²⁹ 9am Beverage Cart 9:45am Room Visits/Leisure Stroll- Sh2 1:30pm Bingo- Sh3 2:30pm Virtual Family Visits AFRH Olympics – see fliers	³⁰ 9am Activity Cart 9:45am Brain Games- Sh3 1:30pm Mystery Snack Cart 4pm Friday Social- DI 6pm <i>Contact</i> Movie- Th AFRH Olympics – see fliers	³¹ 9am News Review-Sh2 1pm Room Visits/ Virtual Family Visits 1pm Bingo- CC 1pm Musical Matinee: Yankee Doodle Dandy-Th 2:30pm Beverage Cart 6pm <i>San Antonio</i> Movie-Th